USA WHEELCHAIR FOOTBALL LEAGUE
WHO AM I?

Karalyn Stott

- 10 years of Adaptive Sports Experience
- Graduate Degree in Sports Management
- Managed Move United Warfighter Program
- Commissioner of USA Wheelchair Football League
- Avid Big 10 football fan – GO HAWKS!
The USA Wheelchair Football League is a competitive sports league for athletes with disabilities to play football in a fast-paced, energetic, team-based environment. Football is the most popular sport in America, and our league expands that popularity to a brand new demographic.

**WHO ARE WE?**

**Founded in 2020**
Started in 2020 with four teams, Ability 360, Angel City Sports, Great Lakes Adaptive Sports Association (GLASA), and Midwest Adaptive Sports, the League plans to expand in 2021 to include even more competitive athletes.

**Partnership with the Bob Woodruff Foundation, the NFL, and USA Football**
The League prides itself on working with high-quality partners including the Bob Woodruff Foundation, the NFL, and USA Football.

**Focus on Adults**
Currently participation in the League is limited to adults with qualifying disabilities (classification points 1-4.5)
- Field Surface & Dimensions
- Teams are 7 Players
- Line to Gain is Set in 15 Yard Increments
- 'Tackle' is One Hand Touch Above the Waist
- Point after Touchdown Changed (no Field Goals)
- Running Game Clock
- Fumbles are Generally Dead Ball Situations
- Everyone is an Eligible Receiver
Every team must commit to the items listed:

**Train & Certify Coaches**
All coaches must complete a USAWFL-approved training, including SafeSport training prior to the start of each season.

**Appropriate Insurance Coverage**
Ensure your team is covered by general liability insurance at appropriate levels.

**Provide Safe, Sport-Specific Equipment**
Ensure athletes have appropriate wheelchairs, helmets, etc. to play the sport safely.

**Show Proof of Athlete Interest**
Survey current participants, host an intro clinic, or host meetings to encourage long-term participation among your athletes.

**Provide Season-Long Practice Sessions**
Commit to practicing a minimum of two times weekly during the season to provide ongoing opportunities to athletes.
QUESTIONS?
Last year, MoveUnited provided funding to teams to assist with purchasing equipment, paying for practice space, etc.

We can connect your team to trained coaches and athletes to help lead clinics & trainings.

We're always here to answer your questions.
First Year Timeline (pt. 1)

Want to join, but not sure where to start? Here's a general year-one timeline.

January
- Confirm Coaching Staff
- Confirm Practice Venues
- Draft Practice Schedule
- Apply to Host Tournament**

February
- Create Team Recruitment Materials
- Start Team Recruitment

March
- Order All Personal Equipment:
  - Wheelchairs
  - Helmets
  - Footballs

April
- Host Team Tryout Clinic(s)
  - We recommend a minimum of two
- Coaches & Volunteers Complete SafeSport Training

May
- Order All Other Team Equipment
- Create Team Guidelines & Expectations
- Team Practice Roster Finalized

June
- Start Team Practices
- Confirm Classification Dates

**Optional Items
Want to join, but not sure where to start? Here's a general year-one timeline.

**July**
- Travel Roster Finalized
- All Paperwork Submitted to Move United:
  - Team Roster
  - Coach Training Paperwork
  - Insurance Paperwork

**August**
- Season Play Starts
  - Recommend booking travel a minimum of 4 weeks prior to each tournament

**September**
- Continue Season Practices & Tournament Play

**October**
- Season Play Ends
- Apply to League for following Year

**November**
- Submit Post-Season Feedback to Move United

**December**
- Receive Rules Updates for Following Year

**Optional Items**
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- Season Play Ends
- Apply to League for following Year

- Submit Post-Season Feedback to Move United

- Receive Rules Updates for Following Year
CONTACT US

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